

**DEPARTMENT OF PSYCHOLOGY
MAHARSHI DAYANAND UNIVERSITY ROHTAK**

“Illuminating Hope: A Poster Making and On the Spot Slogan Writing Competition”

Every year September 10th is observed as World Suicide Prevention Day. The theme of World Suicide Prevention Day 2023 is “Creating Hope Through Action” which emphasizes the importance of taking action as a community to combat this critical public health issue. To commemorate this significant day, Department of Psychology is going to organize a **“Poster Making and On the Spot Slogan Writing Competition”** with the theme **“Illuminating Hope”** on 9th September 2023. This event aims to encourage creative expression on this crucial issue. Let’s unite to spread awareness, reduce stigma, and inspire hope for a brighter future. Together, we can illuminate the path towards a world where mental wellness is a priority, and every life is valued.

This program would consist of two activities which are open to all bonafide students of M.D. University. The subthemes of poster making competition and on the spot slogan writing competition are:

1. Breaking the Silence
2. Self Care and Share
3. Hope through Connection
4. Individual Life and Mental Wellness Matters
5. Lighting the Path Forward
6. Remembering Loved Ones
7. Digital Outreach

Guidelines for both activities

Poster Making and On the Spot Writing Competition

- The size of the poster should not be less than A4.
- Language may be English or Hindi.
- Any sheet for making a Poster (plain paper, chart paper) and any medium (crayon, poster colour, paint etc.) may be used.
- The poster and slogan should be original and not copied.

- There would three prizes for 1st, 2nd & 3rd positions.
- All participants will get a certificate of participation.
- Each poster and slogan should be accompanied with name, class, roll no. and name of the department.

Note: Posters are to be submitted at 9:30 a.m. (sharp) on 09.09.2023 in the office of the department of Psychology. The students can participate in one or both activities. There would be no registration fee for participation. For any kind of inquiries please contact Dr. Shashi Rashmi, Asstt. Professor, Department of Psychology, M.D.University, Rohtak, 8901029699.

Shobli
4.9.2023
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